

PATIENT CONSIDERATIONS FOR ULTRASOUND

Before the Exam

You are requested to follow certain preparation guidelines prior to your exam to guarantee that the test will generate the best results. If you have had a previous exam upon the same body part/region, we ask you to bring prior films and/or reports for comparative analysis.

EXAM TYPE	PREPARATION
Abdomen Liver Gallbladder Right Upper Quad	Nothing by mouth 8 hours prior to your exam. Diabetics may have limited crackers and take their medications with a <u>few</u> sips of water. Also request at the time of scheduling for a morning appointment.
Pelvic/Bladder Exams Obstetrical Prostate Kidney/Renal	You are required to drink 32 oz. of water 1 hour prior to your exam. DO NOT urinate prior to completion of exam.
Renal Arterial Studies Renal Doppler	Nothing by mouth 8 hours prior to your exam. You are required to drink 32 oz of water 1 hour prior to your exam. DO NOT urinate prior to completion of exam.
Breast Ultrasound 30 years old or older	You are recommended to have a mammogram with or before your ultrasound procedure. You are <u>required</u> to bring your previous breast radiology images and reports.
Breast Ultrasound 29 years old or younger	No preparation required. Prescription or referring provider's notes must indicate the specific exam location and purpose of the study. Must also bring prior breast imaging at time of appointment.

The following examinations do not require any preparations:

Carotids, Arterial, Venous, ABI, Testicular, Reflux, Infant hips, Soft Tissue & Thyroid exams

Prescription or referring provider's notes must indicate the specific exam location and purpose of the study.

During the Exam

The exam is completely painless. You may be asked to wear a gown that will be provided for you. Pressure may be applied during the exam to ensure accurate imaging. The length it takes for the procedure depends on the type of ultrasound exam you are undergoing. Exam duration usually ranges from **15-60 minutes**.

After the Exam

You may leave immediately and return to your normal activities after the exam.

**If you need to cancel or reschedule your appointment,
please contact us at least 24 hours in advance to avoid a No Show Fee.**

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