

PATIENT CONSIDERATIONS FOR MAMMOGRAPHY

Before the Exam

At the time of scheduling, please inform us of any family or personal history of breast cancer, prior surgeries, biopsies, implants or hormone use. (If you are breast feeding, the exam can still be completed but we ask you to pump milk 30 min. prior to exam.)

We require that you bring prior films/CD and reports from previous mammograms or other breast procedures (biopsy, MRI, Ultrasound, etc). Please inform your scheduler if you have breast implants. Women who may be pregnant or breastfeeding **should always** inform their technologist.

During the Exam

During the day of the exam, you are advised **not** to wear lotion, deodorant, perfume, or powder under your arms or on your breasts. If you have long hair, please either wear hair up or bring something to put hair up.

You may be asked to wear a gown that will be provided for you.

You will be positioned near the imaging machine and your breast will be placed upon a small platform while a technologist compresses your breast. Images will be captured at this time. You will change positions slightly between captures. The process is repeated for the other breast. The test takes approximately **30 minutes**. For women with sensitive breasts, some minor discomfort may occur from the compression applied during the test. Approximately 4-6 images will be taken during your test.

After the Exam

You may leave immediately and return to your normal activities after the exam.

**If you need to cancel or reschedule your appointment,
please contact us at least 24 hours in advance to avoid a No Show Fee.**

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